



love local®

Proud to partner with:
 Real Roots Kitchen | The Soulful Co. | Dear Grain | Sensei Farms |
 Chassagne Farms | Woolwich Dairy | The Butcher Shoppe |
 Monarch Tea Co. | Agro Produce | Faema Hamilton |
 The Cake Kitchen Company

\$1 from every RADIUS® BY DAY product sold will be donated to local community organizations.

forever young

RADIUS® BY DAY is a collaboration between certified holistic nutritionists from Real Roots Kitchen and The Soulful Co., and our RADIUS® Culinary Team. Our menu uses the finest ingredients, and is designed to feed your body, fuel your soul, and free your mind embracing the RADIUS® 'forever young' spirit.

weekend brunch

Our Chef's create new weekly brunch features on Saturday + Sundays, so stay tuned for deliciousness.

smoothies

AÇAÍ BERRY

acai berry | strawberry | blueberry | banana |
 coconut | honey | hemp seeds 10

GREEN MINT MAJESTY

mint | kale | banana | avocado | cauliflower |
 dark chocolate 10

ESPRESSO NUT MARTINI

espresso | almond butter | cocoa | condensed milk blend 10

DANGER ISLAND

lychee hibiscus | coconut yogurt | blueberries |
 banana | pineapple | hemp 10

add: protein 2 | Beekeeper's Natural's bee pollen 2

mocktails

BANANA CREAMICED COFFEE

cold brew | banana | maple | coconut cream 9

DIRTY ICED MATCHA LATTE

matcha | espresso | oat milk | maple 9

DREAMSICLE ELIXIR

orange | cream | vanilla 9

WATERMELON BASIL SPRITZ ELIXIR

watermelon | basil | lemon | soda 9

MAKE IT A COCKTAIL!

shareables

MINTED PEA HUMMUS

preserved lemon | smoked paprika | dukkha |
 pomegranate jewels | grilled naan 18

make it GF and VG switch to a cauliflower naan +4

RADIUS® GOAT CHEESE SPRING ROLLS

our signature red wine + onion jam V 18

STACKED SUSHI

salmon | crispy rice | unagi sauce | spicy mayo | tobiko 15

RADIUS® CALAMARI

spicy cocktail sauce | Cajun comeback sauce |
 lemon 22

SWEET + SAVOURY BURRATA

prosciutto | local seasonal preserves | grilled sourdough |
 basil 24

KALBI BEEF NACHOS

togarashi mayo | beet pickled pearl onion | red chilies |
 sesame seeds 19

ZEN CRAB ROLL

blue crab | cucumber | kaffir lime | chili | green
 goddess 16 GF

PARMESAN TRUFFLE FRIES

white truffle oil | Parmesan | roasted garlic aioli 12

MAPLE MISO BRUSSELS

maple balsamic glaze | miso aioli | pickled shallots 12

SELECT OYSTERS ON THE HALF SHELL (6)

lemon | mignonette | radius® cocktail sauce | hot sauce GF 22

bowls

AÇAÍ BERRY BOWL

banana | berries | peanut butter drizzle | hemp seeds |
 house made granola 16

CHARRED CORN + CHICKPEA SALAD

snap peas | dates | feta | mint | Aleppo lime vinaigrette |
 pumpkin seeds 16 V

KASHMIR COCONUT CURRY

zucchini | eggplant | chickpeas | spinach | basmati |
 cilantro 18 VG GF

THAI NOODLE

snap peas | red cabbage | carrot | mint | basil | cilantro |
 lime | peanut dressing | noodle 18 VG GF

LETTUCE LOVE

three varieties of butter lettuce | asparagus | fresh herbs |
 radish | cucumber | wasabi ranch 16 V

SIGNATURE CAESAR

creamy dressing | sourdough crostini | pork belly |
 Grana Padano | lemon 18

RADIUS® POKE

choice of Ahi tuna or Watermelon Sashimi VG
 avocado | edamame | cucumber | pickled cabbage |
 sesame Tamari dressing | togarashi mayo GF 25

add: tofu 5 | chicken 5 | salmon 10

sandwiches shoestrings or side garden salad

CHICKEN WALDORF TARTINE

candied pecan | granny smith apple | celery | currants |
 Dear Grain country loaf sourdough V 18

THE CUBANO

slow roasted pork | shaved ham | Gruyère cheese |
 kosher dill | mojo mustard | baguette 21

JACKFRUIT BANH MI

char siu jackfruit | shiitake mushroom pate | spicy aioli |
 pickled vegetables | cilantro | baguette VG 18

KOREAN FRIED CHICKEN

sweet and spicy gochujang honey | scallions | slaw |
 sesame seed bun 22

BEET GRILLED CHEESE

goat cheese | kale pesto | smoked juniper aioli
 slow roasted beets | Dear Grain country loaf sourdough V 18

THE RADIUS® BURGER

tenderloin | ribeye/short rib blend | brie | thick cut bacon |
 caramelized onions | Dear Grain sesame seed bun 26

desserts made inhouse by our Pastry Chef

BROWNIE FUDGE BAR GF DF 7

SALTED CARAMEL CHEESECAKE 7

SUMMER PIE

changes weekly based on the season 13



radius®
BY DAY

feed your *body*
fuel your *soul*
free your *mind*

radius.ca